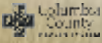



PALLIATIVE CARE IN RURAL COLUMBIA COUNTY

STEPHANIE CARPENTER, RN, CNO
COLUMBIA COUNTY HEALTH SYSTEM (CCHS)
OCTOBER 10, 2017





COLUMBIA COUNTY: POPULATION 2010: 4,078 (U.S. CENSUS BUREAU)
SQUARE MILES: 868.6 SQUARE MILES; 4.7 PEOPLE PER MILE (SULJIC)




CCHS: IS A PUBLIC HOSPITAL DISTRICT

- ❖ Dayton General Hospital (DGH)-25 bed Critical Access Hospital (CAH); Level 5 Trauma Emergency Department (ED)

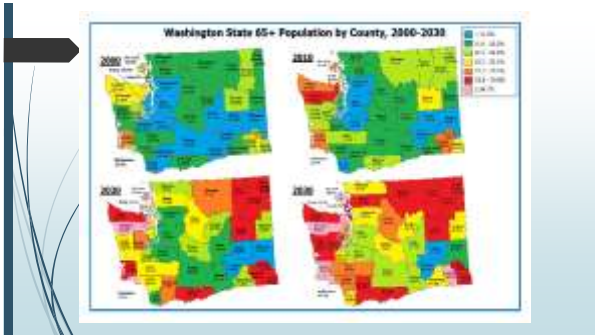
- ❖ Booker Rest Home (BRH)-34 bed licensed Long Term Care Facility (LTC)
- ❖ Columbia Family Clinic (CFC)
- ❖ Waitsburg Clinic-located in Walla Walla County

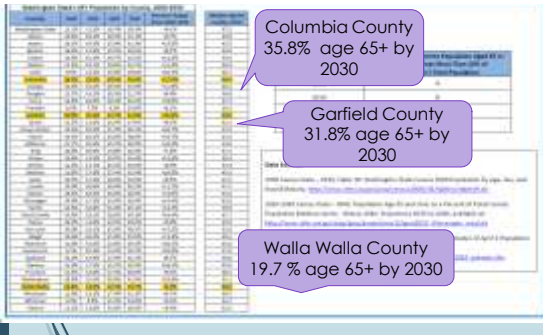




THE PATIENTS WE SERVE

- CFC-3,689 from Columbia County
- WC-1,400 from Waitsburg
- 468 patients come from Walla Walla to receive care
- Patients from Tri-cities, Walla Walla, and Lewiston areas
- People traveling through town and patients from Ski-Blue Wood





REALITIES OF CARE

- ❖ Implement new programs that meet the communities needs
- ❖ 1,625 (30%) of our clinic patients receiving primary care are over the age of 65
- ❖ Increase in hospice referrals to BRH from Columbia County and Walla Walla County (Averaging 25-30 patients a year)

- ❖ Increase in DGH in-patient census from 2.4 in (2016) to 6.7 in (2017)
- ❖ Increase in ED census 120.2 (2015) to 142.4 in (2017)
- ❖ More and More people are coming to Columbia County to retire

LIMITATIONS

- ❖ Lack of knowledge in Palliative Care in the community and CCHS employees
- ❖ No Health Care Personnel or Providers Specializing in Palliative Care Services

- ❖ Not having a full Tele-health Service Line
- ❖ How do we document, bill, and get paid for Palliative Care Services
- ❖ Lack of Home Health Services; patients fall through the cracks

ORGANIZATIONAL BY-IN

- Administrative and Hospital Board support
- Employee By-in
- Palliative Care Committee:
 - Provider Nursing Social Services
 - Activities Dietary Marketing
 - Spiritual Support It Support
 - Billing Health Home Case Worker

EDUCATE

- Palliative Care Resources
 - Organization became a member of the Center to Advanced Palliative Care (CAPC)
 - Have staff start getting trained in Palliative Care
 - Advance Care Planning Facilitators
- End of Life Nursing Consortium (ELNEC) Summit

DEVELOPING

- Palliative Care Service Plan
- Policies and Procedures
- Documentation for Providers and Nursing in the EHR
- Billing Codes
- Marketing Materials

PARTNERING

- Community Hospice (Walla Walla)
 - Aging and Long Term Care (ALTC)
- Health Home Program
- Ministerial Groups
 - Public Health
 - Senior Center

NETWORKING

- Providence St. Mary's on Palliative Care Services and beginning stages of Tele-health services
- Member of Hospice and Palliative Care Nurses Association
- Becoming part of the WA State Rural Palliative Care Initiative

COMMUNITY OUTREACH

- National Night Out
 - County fair
 - Senior Center
 - Working on community events
- Handing out information on Advance Directives, File of Life, Life flight memberships

VISION OF PALLIATIVE
CARE IN COLUMBIA
COUNTY

- 2018 role out Palliative Care Services to DGH patients and BRH residents
- Provide more training, education, and resources for the providers, nursing staff, ancillary depts., families, community, and patients

- Establish Palliative Care Services in the clinic setting
- Begin marketing Palliative Care Services to the community and surrounding areas
- Establish Tele-health Palliative Care Services

Working *together* to provide
patient & family centered care!



QUESTIONS



References:

- 1.) Seljis, Columbia County Profile (2015), Employment Security Department WA State, Retrieved From <https://forres.wa.gov/esd/employmentdata/reports-publications/regional-reports/country-profiles/columbia-county-profile>
- 2.) Washington State 65+ Population by County 2000-2030, Retrieved From: <file:///U:/Palliative%20Care/Chelan%20Presentation/WAagewave2000-2030.pdf>
- 3.) The United States Census Bureau, Retrieved from: <https://www.census.gov/quickfacts/fact/table/columbiacounty-washington,WA/PST045216>